# Motivating Prevention with the NIOSH Hearing Loss Simulator

### Bob Randolph



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#### **NIOSH Hearing Loss Simulator**

- Windows-based software
- Trainees can hear the effect of noise exposure
- Best for instruction led by an instructor or expert
- Can be used for selfteaching after orientation





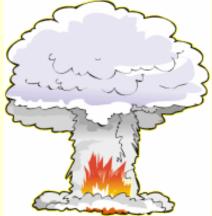


## Objective: *Motivates Prevention*

Hearing loss is *likely*



Hearing loss is severe







# Objective: Teaches Specific Knowledge

Hearing loss...

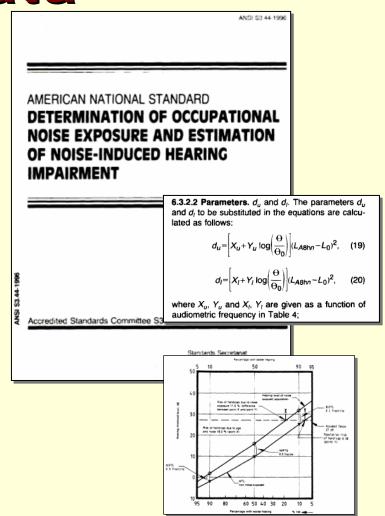
- ...is affected by noise levels.
- ...is related to the time of noise exposure.
- ...is permanent.
- ...makes it harder to hear what others say.
- ...mostly **NOT** caused by aging.
- ...due to noise makes it harder to hear high pitch sounds.
- ...due to noise has less of an effect on hearing low pitch sounds.





### Simulation based on realworld data

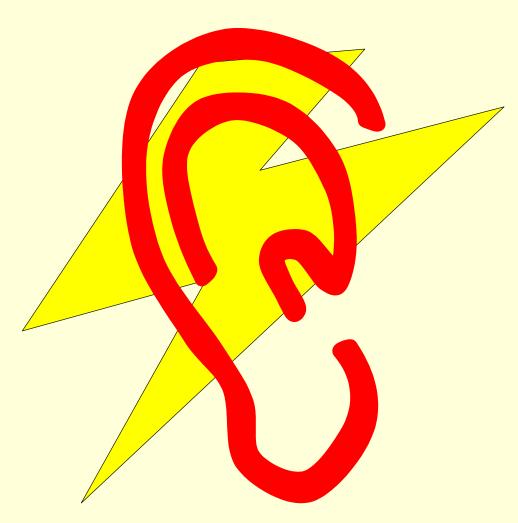
- Large population studies of noise-exposed & noise-free males & females
- ANSI standard for predicting effects (S3 44-1996)
- But how many miners read ANSI standards?







# Hearing Loss Simulator Demonstration







# Trainees are more knowledgeable

Hearing loss due to noise makes it harder to hear high pitch sounds Hearing loss due to noise makes it harder to hear low pitch sounds Speech is made up of both low and high pitched sounds ☐ Pre Most hearing loss is caused by age ■ Post Hearing loss makes it harder to hear what others say **Hearing loss is permanent** Hearing loss is related to the length of time exposed to noise Hearing loss is affected by noise levels

Disagree/Agree scale





### Trainees plan to take action

I am more likely to wear hearing protection when using power tools

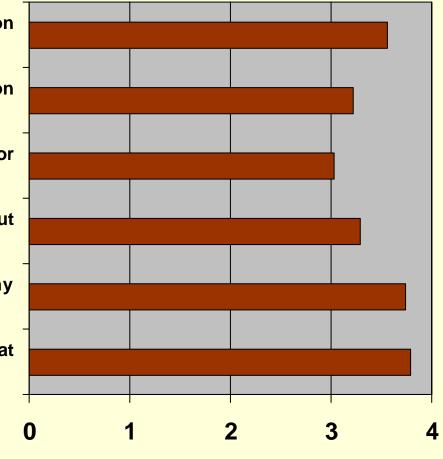
I am more likely to wear hearing protection when mowing the lawn

I am more likely to talk to my supervisor about noise levels at work

I am more likely to talk with coworkers about noise levels at work

I am more aware of the noise levels at my workplace

I am more likely to use hearing protection at work



Disagree/Agree scale





### Who's using it and how

- Mine trainers:
  - Annual refresher training
- CAOHC course directors:
  - Teaching hearing test techs
- Audiologists:
  - Family of hearing-impaired patients
- Audiology professors:
  - Doctoral class on hearing conservation



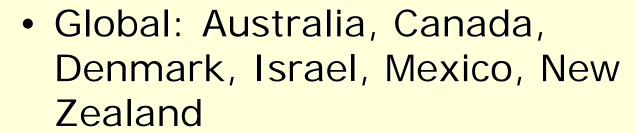




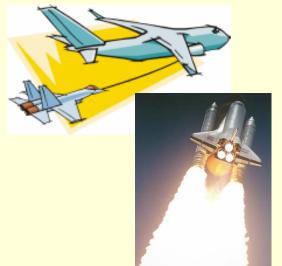


#### **Other Customers**

- Pittsburgh Air Refueling Wing
- NASA Ames Research Center
- Sandia National Laboratories



Over 300 requests









### What you need

- Copy of the simulator
- Windows-based PC
- Big monitor or projector
- Loudspeaker system
- Follow examples in online help







#### For more information

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Simulator CD orders: **minetraining@cdc.gov** www.cdc.gov/niosh/mining



